

a protein source comprising approximately 15% to 18% of the calorie distribution of the composition, the protein source consisting of enzymatically hydrolyzed whey and free amino acids;

a carbohydrate source;

a lipid source ;

the enteral composition having a caloric density of 1.4 kcal/mL to 1.8 kcal/mL; and

the composition provides a ratio of non-protein calories per gram nitrogen of at least approximately 90:1.

14.(Amended) An enteral, peptide-based composition for a metabolically stressed patient comprising:

about 15% to 18% of the calorie distribution of the composition including a protein source consisting of enzymatically hydrolyzed whey and free amino acids;

a carbohydrate source comprising at least 35% of the composition;

a lipid source comprising at least 20 by weight of the composition; and

the composition having a caloric density of 1.4 kcal/mL to 1.8 kcal/mL and a ratio of non-protein calories per gram of nitrogen of at least about 90:1.

19.(Amended) A method for providing nutrition to a metabolically stressed patient comprising the step of administering to the patient a therapeutically effective amount of an enteral, peptide-based composition comprising:

a protein source comprising approximately 15% to 18% of the calorie distribution of the composition, the protein source consisting of enzymatically hydrolyzed whey and free amino acids;

a carbohydrate source;

a lipid source ;

the enteral composition having a caloric density of 1.4 kcal/mL to 1.8 kcal/mL; and